**CARING FOR YOUR CAT IS A PARTNERSHIP**

**Holistic Pet Care Guidelines for the optimal health of your pet**



**KITTEN**  
Physical examinations at 8 weeks, 16 weeks, and 6 months of age.  
VOM Chiropractic adjustments at 8 weeks, then 1 week later, 2 weeks, 3 weeks, 4 weeks, 3 months later, then every 6 months for the rest of their life.  
Feline viral disease blood panel at 8 weeks of age.  
Fecal test for intestinal parasites at 8 weeks and 6 months of age.  
Urine test at 6 months of age.  
Distemper vaccines at 8 weeks and 16 weeks of age.  
Rabies vaccine at 6 months of age.

**YOUNG ADULT-CAT 1 TO 4 YEARS OLD**   
Physical examination annually.  
VOM Chiropractic adjustment every 6 months.\*  
Fecal test for intestinal parasites annually.  
Urine test annually.  
Distemper vaccinal titer blood test every 3 years.  
Rabies vaccinal titer blood test every 3 years.  
Comprehensive Blood Panel (CBC + Superchemistry + T4 + Free T4) at 4 years old.

**MIDDLE AGE- CAT 5 TO 9 YEARS OLD**   
Physical examination every 6 months.  
VOM Chiropractic adjustment every 6 months.\*  
Fecal test for intestinal parasites annually.  
Urine test annually.  
Distemper vaccinal titer blood test every 3 years.  
Rabies vaccinal titer blood test every 3 years.  
Comprehensive Blood Panel (CBC + Superchemistry + T4 + Free T4) every 2 years.

Radiology (X-rays), Tonometry (Eye pressure), ECG (Electro Cardiogram) every 2 years.

**THE SENOR YEARS-CAT 10 YEARS OLD PLUS**  
Physical examination every 6 months.  
VOM Chiropractic adjustments every 6 months.\*  
Fecal test for intestinal parasites annually.

Urine test every 6 months.

Distemper vaccinal titer blood test every 3 years.

Rabies vaccinal titer blood test every 3 years.  
Comprehensive Blood Panel (CBC + Superchemistry + T4 + Free T4) annually.

Radiology (X-rays), Tonometry (Eye pressure), Blood Pressure and ECG (Electro Cardiogram) every year.



If the first VOM Chiropractic adjustment occurs after 1 year old, then there would be a series of 6 adjustments in the first 3 months, followed by an adjustment 3 months later, then once every 6 months.

1  1 week later > 2  1 week later > 3  2 weeks later > 4  3 weeks later > 5  4 weeks later > 6  3 months later > 7 \_ > Once Every 6 Months

**TIMELINE**

* 8 weeks: Physical examination, VOM Chiropractic adjustment, Fecal test for intestinal parasites, Feline viral disease blood panel, Distemper vaccine.
* 9 weeks: VOM Chiropractic adjustment.
* 11 weeks: VOM Chiropractic adjustment.
* 16 weeks: Physical examination, Distemper vaccine.
* 6 months: Physical examination, Fecal test for intestinal parasites, Urine test, Rabies vaccine.
* 7 months: VOM Chiropractic adjustment.
* 13 months and every 6 months thereafter: VOM Chiropractic adjustment.
* 18 months and every 12 months thereafter till 5 years old: Physical examination, Fecal test for intestinal parasites, Urine test. 18 months and every 36 months thereafter: Distemper and Rabies vaccinal titer blood tests.
* 4 years and every 2 years thereafter until 9 years old: Comprehensive Blood Panel (CBC + Superchemistry + T4 + Free T4).
* 5 years and every 6 months thereafter till 5 years old: Physical examination.
* 10 years and every 6 months thereafter: Physical examination, Urine test.