

Health Guide

Positive Health Qualities:

- ❖ Active and inquisitive
- ❖ Bright eyes, clean nose
- ❖ Eating/Drinking daily
- ❖ Urinating/Defecating daily
- ❖ Calm temperament
- ❖ Active at night (nocturnal)
- ❖ Quills shed evenly

Red Flags of Concern:

- > Weight loss
- > Loose stool
- > Lethargy
- > Panting/labored breathing
- > Eye/nose discharge
- > Coughing
- > Paralysis

1-4 years old

- Physical examinations annually
- Nail trimming 3-4 weeks
- Clean paws and quills when dirty
- Brush teeth daily

Common Health Concerns

Health Concern	Symptoms	Actions to Take
Dental Disease	Bad breath, gingivitis, tartar build-up.	Have examined by veterinarian
Obesity	Overeating, poor diet, limited exercise	Limit food intake, exercise more, limit treats. Possible visit to veterinarian if things do not change
Mites	Tiny parasites; itching, rashes, small lumps / bumps	Visit veterinarian to determine type of mites and treatment options
Respiratory Infection	Runny nose, sneezing, watering eyes, fluid discharge	Visit veterinarian
Wobbly Hedgehog syndrome	Genetic for specific hedgehog breeds	Visit veterinarian