



Dr. Beth Hirsch's Guidelines for Optimal Feline Care

Nutrition:

Feed a fresh, high quality, balanced, free-ranged/pasture sourced food.

-Food Tier List: Raw food > Canned wet food (Rawz, ZiwiPeak, Weruva, Tiki Cat, Solid Gold).

-Proper nutrition provides the body with fuel for ongoing health and repair.

-Higher quality food re-orientes the body from its imbalances.

"Let food be thy medicine and medicine be thy food" Hippocrates

Chiropractic adjustment

Promotes healthier interaction and communication throughout the whole body.

+ Improves overall health and turns on body's ability to self-heal.

+ Removes *subluxations*, misalignments of the vertebrae; leading to improved motion comfort in joints, a better functioning immune system leading to overall healing, as well as allowing body's natural energy to flow.

+ Maintains optimal healthy and wellness; aids in pain/discomfort relief, musculoskeletal disease, spinal chord problems, organ communication, skin issues and rehabilitation.

AnimalEO Essential Oils

Essential oils created by a veterinarian to support the whole body and great for all ages.

-Anti Inflammatory, anti-cancer, healing/regeneration, immune support, anti-infectious, pain relief, respiratory support, digestive support, and stress relief.

-KittyBoost or KittyBoost LITE

>topically place a few drops along the spine or gently rub onto coat



LONGEVITY



Veterinary Center

HOLISTIC PET CARE



Diagnostic Testing:

Regular testing allows us to be proactive in identifying potential problems so we can prevent them from growing worse.

- Full Panel Bloodwork: CBC + Chemistry + T4(thyroid) + FT4
- Vaccinal Titers, Rabies Titer
- Urinalysis and Fecal (intestinal parasites)
- Senior Testing Package (at appropriate age): whole body radiographs, blood pressure, eye tonometry, heart monitoring.

Dental

Brush teeth, if possible. Go slow at first, the hardest part is just getting in the mouth.

- Topically apply KittyBoost weekly. Cats will groom themselves and do the work for you.
- Brushing teeth daily with dental products: VetzLife, PetKiss, Brighter Blue, Plaque-Off, TDC Periodontal, and Joint health capsules.
- Regular office visits for evaluations and preventative care.

Flea & Tick Heartworm Prevention

Using natural essential oils in layers to keep pests at bay. Rotate blends or choose one:

- Topically apply KittyBoost
- Diffuse AnimaleO Away, Evict, and Oust via water-based diffuser or spray bottle
- Petting with Away RTU, Oust RTU or Evict RTU
- 4 Legger Shampoo w/ KittyBoost (1.5 concentrated), 1-2 times a month. Lather and let sit for 10-15 minutes before rinsing. Use ONLY if cat is used to being bathed for routine care or infestation situations
- Amber collars with non-chemical Pet Protector tags:
 - >ambertick.com
 - >petprotector.org

KITTEN

Physical Exam at: 8 weeks, 16 weeks, and 6 months old

Feline Viral disease blood panel at 8 weeks old

Chiropractic Adjustment every 4-6 weeks

Fecal test at: 8 weeks and 6 months old

Urine test at 6 months old

Distemper vaccine at: 8 weeks and 16 weeks old

Rabies vaccine with homeopathic at 6 months old

YOUNG ADULT (1-4 years old)

Physical Exam annually

Spay / Neuter

Chiropractic Adjustment every 4-6 weeks

Urine and Fecal tests annually

Rabies and Vaccinal Titer test every 3 years

Full Blood Panel at 4 years old

MIDDLE AGE (5-9 years old)

Physical Exam every 6 months

Chiropractic Adjustment every 4-6 weeks

Urine and Fecal test annually

Rabies and Vaccinal Titer every 3 years

Full Blood panel every 2 years

Senior Testing Package: Whole Body Radiographs, Tonometry (Eye pressure),
Blood Pressure, ECG/EKG (Electrocardiogram) every 2 years

SENIOR YEARS (10+ years old)

Physical Exam every 6 months

Chiropractic Adjustment every 4-6 weeks

Fecal test annually

Urine test every 6 months

Rabies and Vaccinal Titer test every 3 years

Full Blood Panel annually

Senior Testing Package: Whole Body Radiographs, Tonometry (Eye pressure),
Blood Pressure, ECG/EKG (Electrocardiogram) every 2 years



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For more information visit us online at: hpcnj.com